



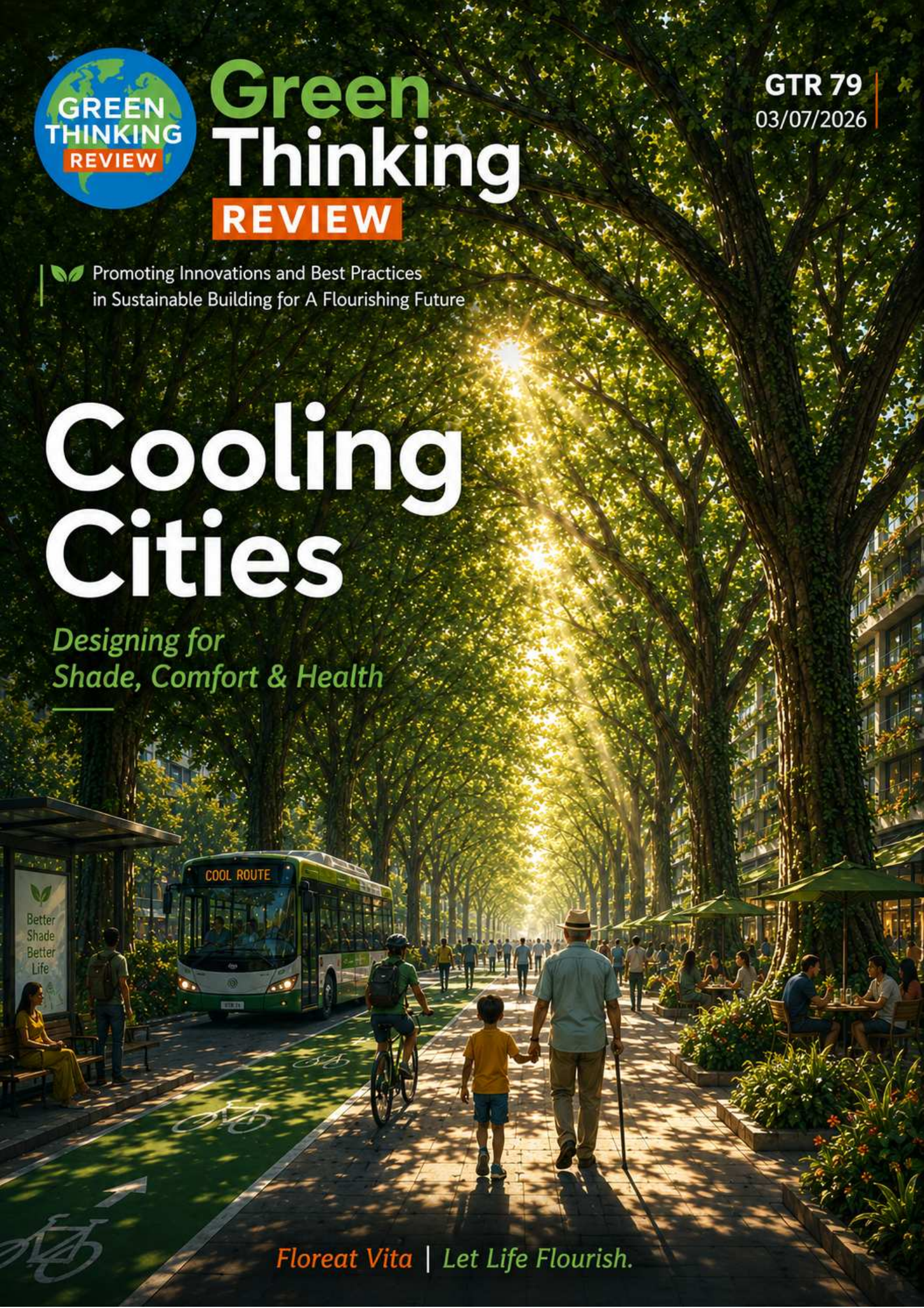
Green Thinking REVIEW

GTR 79
03/07/2026

 Promoting Innovations and Best Practices
in Sustainable Building for A Flourishing Future

Cooling Cities

*Designing for
Shade, Comfort & Health*



Floreata Vita | Let Life Flourish.

NEWSLETTER



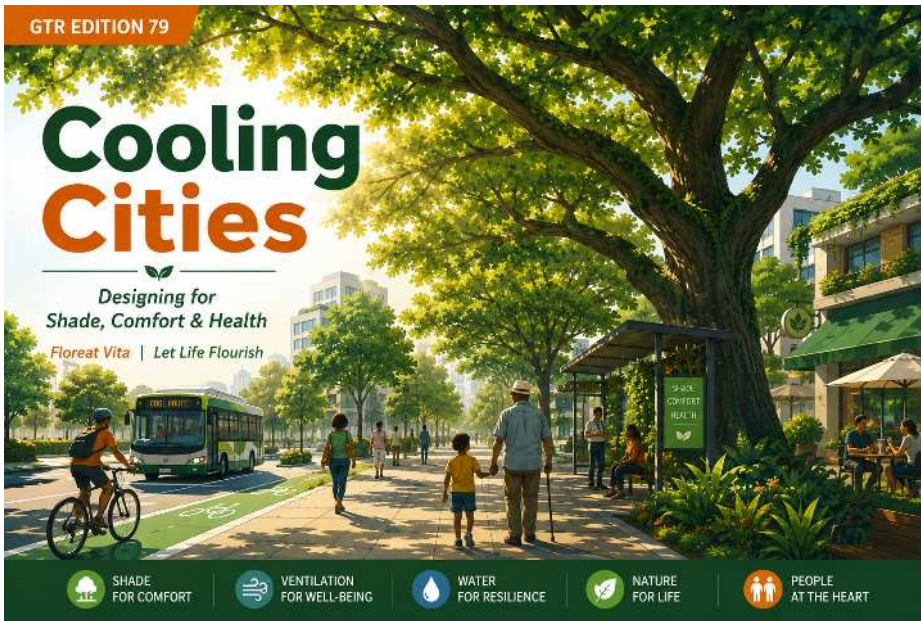
Green Thinking REVIEW

Sustainable Building: Innovations & Best Practices for Human Flourishing & Planetary Well-being — Humane, Green & Smart

GTR EDITION 79

Cooling Cities

Designing for
Shade, Comfort & Health
Flourish Vita | Let Life Flourish



Hot Cities Happen. Cool Cities Are Designed.

Heat has become one of the defining characteristics of many modern cities.

Cover:

Concrete, asphalt, glass, and steel absorb the sun's energy throughout the day and release it slowly into the surrounding environment. Trees disappear to make room for development. Buildings are designed with little consideration for natural ventilation. Public spaces offer limited shade. Streets become uncomfortable for walking, cycling, or gathering. The result is familiar.

Cities become heat traps.

While climate change is increasing global temperatures, the intensity of heat experienced within our cities is also influenced by the choices we make. Every planning approval, every building orientation, every tree removed or planted, every paved surface, and every material selected contributes to the urban thermal environment.

In other words, cities are not simply affected by heat. They also shape it.

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Editor's Note:

Dear Green Thinkers,

Cool Cities Are Intentional

Heat is becoming one of the defining challenges of our time.

Across the world, cities are experiencing rising temperatures, more frequent heatwaves, and growing pressure on public health, energy systems, and urban infrastructure. While climate change is an important part of the story, it is not the whole story.

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The way we plan, design, build, and manage our cities also shapes how hot –or how comfortable–they become.

Cooling should not begin with an air conditioner. It should begin with intention.

The orientation of a building, the shade of a tree, the choice of materials, the presence of water, the movement of air, and the design of public spaces all influence how people experience a city.

Cool cities do not happen by accident.

They are the result of thoughtful planning, responsive design, and responsible stewardship.

*This edition of **Green Thinking Review** explores practical strategies for designing cities that are cooler, healthier, and more comfortable for everyone.*

As Green Thinkers, we are reminded that every design decision carries consequences.

When we think differently, we design intentionally.

And when we design intentionally, we create cities where both people and nature can flourish.

Let Life Flourish | Floreat Vita

– The Editorial Team

Cooling begins at the drawing board.

It begins with planning.

It begins with design.

A shaded street is cooler than an exposed one.

A tree canopy reduces surface temperatures while improving air quality and comfort.

Buildings oriented to capture prevailing winds require less mechanical cooling.

Reflective materials reduce heat absorption.

Water features and green landscapes moderate the urban microclimate.

Together, these decisions create places that are healthier, more comfortable, and more resilient.

Cooling is therefore not a single intervention.

It is the cumulative result of many intentional decisions working together.

The coolest cities are rarely those with the greatest number of air conditioners.

They are the cities that have invested in shade, vegetation, ventilation, water, appropriate materials, and people-centred public spaces.

These are not luxuries.

They are essential urban infrastructure.

As temperatures continue to rise, cities will increasingly be judged not only by how efficiently they move people and goods, but also by how well they protect people from heat.

The challenge before us is clear.

Will we continue building cities that intensify heat?

Or

will we intentionally create cities that moderate it?

Because the future of urban comfort is not simply a question of technology.

It is a question of thoughtful planning, intentional design, and responsible stewardship.

**GTR
Reflection**

**Hot cities
happen. Cool
cities are
designed.**



Cool Cities Are Intentional: Seven Urban Cooling Strategies-

Designing cooler cities requires more than installing air conditioners. It calls for connected strategies that reduce heat, improve comfort, and make urban life healthier.

1. Design for Shade: Shade is one of the simplest and most effective cooling strategies. Trees, arcades, canopies, verandas, pergolas, and covered walkways reduce direct solar exposure and make streets and public spaces more comfortable.

2. Expand the Urban Tree Canopy: Trees cool cities through shade and evapotranspiration while improving air quality, biodiversity, and public health. Every neighbourhood should have a deliberate urban forestry strategy.

3. Design with Wind: Building orientation, street layout, and open spaces should encourage natural ventilation and preserve breeze corridors rather than obstruct them.

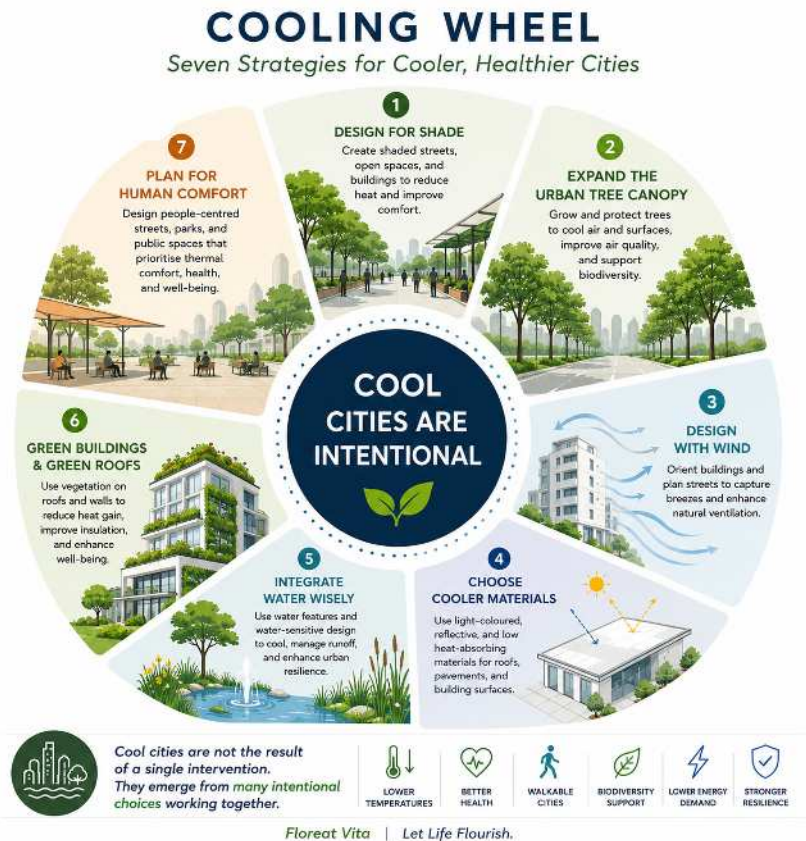
4. Choose Cooler Materials: Light-coloured roofs, reflective pavements, and low heat-absorbing materials help reduce surface temperatures and lower cooling demands.

5. Integrate Water Wisely: Water-sensitive features such as rain gardens, ponds, fountains, and restored wetlands contribute to evaporative cooling while supporting flood resilience and biodiversity.

6. Green Buildings and Green Roofs:

Vegetation on roofs and walls helps moderate building temperatures, improve insulation, reduce the urban heat island effect, and enhance the visual quality of cities.

7. Plan for Human Comfort: Cooling should be a planning objective, not an afterthought. Streets, parks, markets,



schools, transport hubs, and public spaces should be designed around thermal comfort, encouraging walking, social interaction, and healthier communities.

Conclusion:

Cool cities are not created by a single technology. They are the result of many intentional decisions working together. Every tree planted. | Every shaded street. | Every cool roof. | Every breeze preserved. | Every comfortable public space. Together, they create cities where people can live, work, and flourish.



Designing Cooler Cities Comes with Intentional Actions

1. Architects

Design buildings that work with the climate before relying on technology. Prioritize orientation, natural ventilation, shading devices, appropriate materials, and passive cooling strategies from the earliest design stages.

2. Urban Planners

Plan cities as thermal environments. Protect breeze corridors, expand urban tree canopies, increase shaded pedestrian networks, and ensure parks and open spaces form part of an integrated cooling strategy.

3. Developers & Property Owners

Invest in long-term comfort rather than short-term savings. Cool roofs, reflective materials, landscape design, green infrastructure, and shaded public spaces enhance property value while reducing operational costs.

4. Governments & Policymakers

Treat urban cooling as essential public infrastructure. Adopt policies that encourage street trees, green roofs, permeable surfaces, heat-responsive planning standards, and climate-sensitive development approvals.

5. Communities

Every resident can contribute to a cooler neighbourhood. Plant and care for trees, support community greening initiatives, reduce unnecessary paving, protect existing vegetation, and advocate for more comfortable public spaces.

Green Thinkers' Challenge

This month, identify one place in your community that becomes uncomfortably hot. Ask yourself: What intentional design decision could make this place cooler? Sometimes the smallest intervention—a tree, a shaded walkway, a reflective roof, or a pocket park—can transform how people experience a place. Cool Cities Are Intentional.

Resources for Further Study

Learn More. Think Deeper. Act Better.

READ 📖 *Shade: The Promise of a Forgotten Natural Resource*
Sam Bloch, Random House, 2025
Link: penguinrandomhouse.com/books/672379/shade-by-sam-bloch/

📖 *Cooling Cities: Strategies and Technologies to Mitigate Urban Heat*
Global Alliance for Buildings and Construction / CRCLCL
Link: globalabc.org/resources/publications/cooling-cities-strategies-and-technologies-mitigate-urban-heat

WATCH 📺 *Cities Tackling Urban Heat Equity with Cool Roofs and Surfaces*. ICLEI USA Webinar
Link: iclei.org/e-library/cities-tackling-urban-heat-equity-with-cool-roofs-and-surfaces/

EXPLORE 📖 U.S. EPA - Reduce Heat Islands. Link: epa.gov/green-infrastructure/reduce-heat-islands

📖 World Resources Institute - Urban Heat Solutions
Link: wri.org/insights/urban-heat-effect-solutions

Green Thinkers' Takeaway

Cool cities are not created by chance. They are shaped by people who keep learning, questioning, and designing intentionally.



Kigali: Planning for a Cooler Future.



Kigali's trees cool neighbourhoods while improving air quality, biodiversity and resilience. Image Credit: Google/kigalicity.gov.rw/

Kigali, Rwanda, is increasingly recognized for demonstrating that urban cooling begins with thoughtful planning rather than expensive technology. As the city has grown, it has deliberately expanded green spaces, protected hillsides, encouraged tree planting, and integrated landscape planning into urban development.

These measures do more than beautify the city. They help moderate urban temperatures, improve air quality, reduce erosion, support biodiversity, and create more comfortable public spaces for walking and community life.

Kigali's experience reminds us that cooler cities are not achieved through a single project. They are the result of many coordinated decisions made over time—by planners, architects, engineers, policymakers, developers, and citizens.

This Edition's Thought:

The coolest cities are not those that consume the most energy, but those that need the least to keep people comfortable.

For rapidly growing African cities, the lesson is clear: every tree preserved, every shaded street created, and every park protected is an investment in public health, climate resilience, and long-term urban live-ability.

Green Thinking Insights

Cool Cities Are Intentional

"Heat is not only a climate challenge; it is also a design challenge."

"The coolest cities are not those with the most air conditioners, but those that need them the least."

"Shade is infrastructure. Every shaded street is an investment in public health and urban resilience."

"Trees are not decorative extras; they are living climate infrastructure."

Comfort begins long before a building is occupied. It begins with planning and design.

Cooling is most affordable when it is designed in—not added on.

Every tree planted today is a cooler city tomorrow.

Walkable cities are comfortable cities. Comfortable cities are shaded cities.

Green Thinking begins by asking a different question: How can our cities stay naturally cool before we depend on technology?

Green Thinking Tip

Cool cities are not inherited. They are intentionally created.



2040: When Every Street Had Shade

By 2040, imagine arriving in a city where walking at midday is no longer something to endure, but something to enjoy.

Every street has been intentionally designed for comfort. Mature trees form continuous canopies over sidewalks. Buildings provide shaded frontages and naturally ventilated public spaces. Parks, green corridors, and water-sensitive landscapes weave through neighbourhoods, lowering temperatures while inviting people outdoors.

Children walk to school beneath trees instead of umbrellas. Markets are busy throughout the day. Public transport stops become welcoming places rather than islands of heat. Older adults confidently reclaim parks and streets because comfort has become part of urban infrastructure.

Air conditioners still exist, but they are no longer the city's first line of defence.

Design is.

The coolest cities of 2040 will not simply be those with better technology.

They will be those that made intentional decisions decades earlier—planting trees, protecting green space, designing for shade, preserving wind corridors, and putting people before pavement.

The future may not ask whether our cities were smart enough.

It may ask whether they were cool enough to remain live-able.

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A Question for Today:

At the hottest hour of the day, where do people naturally seek shade in your street, school, market, workplace, estate, or neighbourhood? If the answer is "nowhere," then perhaps that is where cooling design should begin.

The Shade Arterial

A street designed as climate infrastructure.



GTR Closing Reflection:

The future belongs to cities that design comfort before they demand cooling. -

Floreata Vita | Let Life Flourish.

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The Shade Network

2040: When Every Street Had Shade

A living network of shaded streets, green corridors, and cool blue spaces that connects people, protects the climate, and makes cities worth living in.



SHADED STREETS

Cool, walkable and people-friendly connections.



BLUE-GREEN CORRIDORS

Clean water, cooler air, stronger ecosystems.



POCKET PARKS

Every neighborhood has space to breathe and gather.



RAIN GARDENS

Capture, cleanse and cool—nature at work.

Think Differently. | Design Intentionally. | Build Responsibly.

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